

- Agnihotra purifies the atmosphere and fills it with nutrients. It acts as a catalytic agent in resetting the cycles of nature for attaining the necessary equilibrium and harmony.
- It has tranquilizing effect on the mind. It unburdens your mind from the vagaries of stress and strain and instills in it a feeling full of love. It makes you an ideal member of your community.
- It has a marked beneficial effect on children. It sets a positive discipline in the family binding all the individuals together.
- It heals the atmosphere and thus is useful for plants and animals.
- It has been found to be effectively useful in drug and alcohol de-addiction programs.
- Its residual ash is of great medicinal value. It is being used as an adjunct in 'Natural Farming'.
- Agnihotra ash purifies water. Its external application heals body wounds.
- Agnihotra atmosphere is very good and encouraging for practicing spiritual disciplines.



**FARMING**

As pollution of the environment air, water and soil gradually makes it nearly impossible to grow food and as the world food supply decreases we will be forced to find a solution or perish from lack of food. **HOMA**

**ORGANIC FARMING IS THAT SOLUTION.**

“THIS KNOWLEDGE CAN BE USED BENEFICIALLY TO GROW CROPS WITHOUT CHEMICALS AND PESTICIDES. THIS IS HOMA THERAPY ORGANIC FARMING. The Process of AGNIHOTRA PYRAMID FIRE is the basic HOMA. AGNIHOTRA is a must to sustain life now.”

HOMA ORGANIC FARMING has a tremendous beneficial effect on the following:

PLANT STRUCTURE AND PHYSIOLOGY

PLANT FUNCTIONS

CROP YIELD

SOIL

REPRODUCTION

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## ‘AGNIHOTRA PROCESS’

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Agnihotra is being practiced world wide today. Everywhere people are deriving immense benefits from it. To enable you to adopt its practice we are giving hereunder its process that is to be followed.

Agnihotra is based on the guidelines provided by the ever benevolent ‘VEDAS’.

Agnihotra heals the atmosphere, eradicates the ill-effects of the most dreaded thought pollution, removes misery and brings happiness to all.

Agnihotra a is process of purification of the atmosphere through the agency of the basic element - FIRE. It is based on the science of bio-energy propounded by the VEDAS. The VEDA means knowledge and knowledge obviously is always for the benefit of the entire humanity.

Agnihotra is based on the following basic disciplines:

- 1) It is performed at two important circadian rhythms of Nature viz exact Sunrise and Sunset.
- 2) A specific semi-pyramid shaped small copper pot is required wherein fire is prepared.
- 3) Fire is prepared out of dried cow-dung cakes.
- 4) Two pinchful of uncooked, unbroken rice grains smeared with a few drops of Cow’s pure ghee are offered in the fire lit in the pyramid shaped copper pot.
- 5) Two small Sanskrit mantra-vibrations are chanted while offering the rice grains smeared with cow’s ghee in the fire.

SUNRISE mantras are:

Suryaya Svaha. Suryaya Idam Na Mama  
(Release the first offering in the fire)

Prajapataye Svaha. Prajapataye Idam Na Mama

(Release the second offering in the fire)

This completes the morning (Sunrise)  
Agnihotra.

SUNSET mantras are:

Agnaye Svaha. Agnaye Idam Na Mama  
(Release the first offering in the fire)

Prajapataye Svaha. Prajapataye Idam Na Mama

(Release the second offering in the fire)

This completes the evening (Sunset)  
Agnihotra.

The process, you will observe, is very simple, inexpensive and requires only a few minutes time to perform. Yet it is very effective and beneficial in all eventualities. In the performance of Agnihotra the barriers like nationality, caste, creed, religion, age or sex have no place. Anyone who wants to be healthy, happy and stress free can start performing it at the first available opportunity.

Regular practice of Agnihotra in a household ushers in joy and benefits of the most comforting kind.